

# LEBENS LAUF

## Persönliche Daten

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|-----------------------------|--|---|
| <b>Familienname:</b>        | Martínez Sola  |  |
| <b>Vorname:</b>             | José   |   |
| <b>Geburtsdatum:</b>        | 11.09.1968   |   |
| <b>Staatsangehörigkeit:</b> | Spanish  |   |
| <b>Adresse:</b>             | Nesselrodestr. 53<br>41238 Mönchengladbach                                   |   |
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## Berufliche Tätigkeiten

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|---------------------------|---|
| März 2019 – Dezember 2019 | TPG (Perlon - Dormagen)<br><i>Logistischer Assistent. Vorbereitung chemischer Produkte; Perforationen zur Qualitätskontrolle in Metallscheiben; Gabelstapler-Handling.</i>  |
| Januar 2019               | Bejob (Mönchengladbach)<br><i>Auslieferungsfahrer/in (nicht Verkaufsfahrer/in). Fahrten für C&amp;A</i>   |
| November 2018             | I.K. Hofmann GmbH (Mönchengladbach)<br><i>Helfer/in - Lagerwirtschaft, Transport</i>  |
| Mai 2017 – Mai 2018       | Zaquensis GmbH Düsseldorf – NEX Logistics Europe GmbH Bedburg<br><i>BTO- / TC-Helfer; Mitarbeiter K-Punkt.</i>  |
| Februar – März 2017       | Mohamed Nasser GmbH LKW-Handel (Düsseldorf)<br><i>Assistant in a mechanical workshop.</i>   |
| April 2010 – August 2016  | Granite Services International / General Electric Int. (Madrid)<br><br><b>EHS (Senior Health, Safety and Environment technician)</b><br>Power Generation Service and Oil & Gas (Maintenance and repair of Generators, Gas and Steam Turbines, on Power Generation Plants and Refineries: Spain, Rumania, Greece, France, UK, Holland, Portugal, Kazakhstan, Turkey, Qatar, Belgium).<br><br>Iberdrola, Endesa, Gas Natural Fenosa, Repsol, Cepsa, Celulosa Energía, Bizkaia Energía, Bizkaia electricidad, Enka Power, Lukoil´Chevroil, Galp, Exxon Mobil, Qatar Petroleum, Scottish & Southern Energy, Gebze Elektrik Uretim, Sajoszoged Eromu, EDP, OMV Petrom SA, GDF Suez, Spalding Energy Company, EDF, EDF Luminus.<br><br><i>Management of Labour Prevention Risks.<br/>Assess and control chemical and biological hazards related to the work environment.<br/>Act in emergency situations in the workplace.<br/>Assess and control the risks arising from the security.<br/>Evaluate and control physical hazards associated with the work environment.<br/>Assess and control ergonomic and psychosocial risks related to work.<br/>Monitoring the implementation of LOTO procedures.</i> |

June 2009 – März 2010 Navaobras, construcciones y montajes (Cobra Group) (Madrid)

**EHS (Senior Health, Safety and Environment technician)**  
 Combined cycle of Barcelona harbor (Spain); initial industrial installation

*Equal work and responsibilities as before*

Januar 2008 – März 2009 Abantia – Ticsa / Bis Multiservicios / Adecco (Valencia)

**EHS (Senior Health, Safety and Environment technician)**  
 BP refinery coquer area in Castellón de la Plana; initial industrial installation

*Equal work and responsibilities as before*

Februar – November 2007 Bertolín (Civil Construction Company) / Mapfre (Insurance Company) (Valencia)

**EHS (Senior Health, Safety and Environment technician)**  
 Demolition / inicial civil construction of main hall and rounded area (Ribarroja; Valencia; Spain)

*Equal work and responsibilities as before*

Sept. 2006 – Januar 2007 La Veneciana de Saint-Gobain (Valencia)

**Operator of CNC (numeric control machine)**  
*Works on glass (glass drilling)*

Nov. 2001 – September 2006 Sav – Dam (public / state Company) (Valencia)

**Maintenance Operator**  
*Waste water treatment factory (Ribarroja; Valencia; Spain). Cleaning machines, gardener (handling of gardener equipment), general maintenance equipment's, operator control room, management vehicles going in/out factory*

Juni – November 2001 Nutrispain, S.L. (Lliria; Valencia)

**Packer; Laboratory Assistant**  
*Nutritional supplements production (with chemical compounds and plant extracts)*

Juli 1998 – April 2001 Gse, S.A. (Palma de Mallorca; Spain)

**Supervisor – trainer**  
*Emergency service 112 Valencian Region (Spain). Supervisor-trainer operators, calls management, official reporting, operators works hours management*

Mai 1998 London Hostels Association Ltd (London; UK)

**House Porter**  
*General maintenance, kitchen helper, cleaning*

November 1997 – März 1998 Eurotrigo, S.A. (Valencia)

**Truck driver**  
*Propane & butane bottles sale and distribution*

## Studium / Ausbildung / Wehrdienst / Schulbildung

- April 2016 CAP **Certificate of Qualification for Transport** (Card for the transport of Goods).  
**Digital Tachograph Card.**  
**Forklift** (prevention risks; use of electrical and diesel forklift).
- April 2012 *Safety passport VCA Netherland* (9644551/1/EN/084316; Oostvoorne; Holland)
- Dezember 2011 *Passaporte de segurança (Portuguese safety passport; number 49141; ISQ; Porto; Portugal)*
- 2009 *Unemployment state office / European social fund / Valencian government*  
**Renewal energies technician** (389 h.)  
  
*Unemployment state office / European social fund / Valencian government / Workers union*
- 2007 1. **Course Quality & environmental internal audits** (60 h.)
- 2007 2. **Course Integration** of prevention and control of pollution (30h.)
- 2005 3. **Course Labour Prevention Risks Audits** (UNE - EN - ISO 19011) (60 h.)
- 2004 - 2005 4. **EHS Master. Health, Safety and Ergonomics (Industrial Safety, Industrial Hygiene; Ergonomics and applied Psychology; 1200 h.)**
- 2004 5. **Course Quality Management** (ISO 9001:2000) (70 h.)
- 2004 6. **Course Integration Policies:** environment & quality; environment & labour prevention risks (UNE - EN - ISO 14001; UNE - EN - ISO 9001; UNE 81905 EX; UNE 81900 EX) (90 h.)
- 2005 *Muvale (Spanish Prevention Risks Company; Valencia)*  
  
1. **Course Diseases** (2 h.)  
2. **Course Emergency Plan: using fire extinguishers** (2 h.)
- 2003 *European social fund / workers union*  
  
**Course electromechanical equipment maintenance** (30 h.)
- 2001 *Unemployment state office / Valencian government / Foundation training & company*  
  
Course Introduction to marketing. Sales techniques. Pick up & servicing customers.  
**Technical marketing** (24 h.)
- 1999 *GSE, S.A. (Emergency services management) (Palma de Mallorca; Spain)*  
  
1. **Course Coordination** of management emergency calls (1 w.)  
2. **Course Supervisor – trainer** of emergency calls (92 h.)  
3. **Course Operator** of emergency calls (340 h.)  
4. **Course Leadership & command** (1 w.)
- 1998 *Valencian government*  
  
1. **Farmer: citrus fruit specialist** (150 h.)  
2. **Goods transport** (middle level) (140 h.)
- 1997 *Spanish association of gas distribution companies liquefied*  
  
Course Dangerous goods: **liquefied gases** (1 w.)

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| 1986 – 1997 | <u>Valencian University of Chemical (Burjassot; Valencia; Spain)</u>   |
|             | <b>University degree (industrial Chemistry)</b>  |
| 1997        | University training: soils analysis (soil science department; vegetal biology department) (6 months)   |
| 1997        | University training: control of laboratory plant (determination of kinetic parameters from activated mud of waste water; chemistry engineering department) (1 month)   |
| 1996        | University training: control of laboratory plant (waste water treatment; chemistry engineering department) (1 week)  |
| 1996        | <u>Polytechnic University of Valencia (hydraulic engineering &amp; environment department)</u>   |
|             | Seminar Current problems of <b>urban water supplies</b> & the need for modernization (10 h.)   |
| 1995        | <u>Army training (LOGISTIC GROUP XXXI; Bétera; Valencia; Spain)</u>  |
|             | <ol style="list-style-type: none"> <li>1. <b>Noncommissioned officer</b></li> <li>2. Truck, trailer &amp; btp driving licenses</li> <li>3. Dangerous goods (inflammable liquids and explosives)</li> </ol>   |
| 1993        | <u>Official college of chemical (Valencia)</u>   |
|             | <ol style="list-style-type: none"> <li>1. Course Environmental pollution: <b>waste water</b> (90 h.) (listener)</li> <li>2. Course Environmental pollution: <b>solid waste</b> (30 h.)</li> <li>3. Course Introduction to <b>quality &amp; quality management</b> (15 h.)</li> </ol> |

## **Besondere Fähigkeiten**

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| Sprachkenntnisse | <b>Spanish</b> – Muttersprache (mother tongue)  |
|                  | <b>English</b> – Verhandlungssicher   |
|                  | At School; 1985 – 1987 Course Briam Institute (Madrid); August 1988 Course EF Certificate (Cambridge; UK); May 1998 Working in London; 2010-2015 Working in other countries with Granite (General Electric) |
|                  | <b>German</b> – Grundkenntnisse   |
|                  | 1990 – 1992 <b>Official Languages School</b> (Valencia; Spain)  |
| EDV – Kenntnisse | 2002 Unemployment state office /European social fund / Valencian government<br><b>Computer applications:</b> work, excel, access (advanced; 54 h.)  |
| Sonstiges        | 2004 Pesticide use handler phytosanitary. Officially licensed   |
|                  | Ability to work as a team; command leadership   |
| Führerschein     | 1987 Klasse B / 1990 Klasse A1, A2, A / 1995 Klasse C1, C, BE, C1E, CE, btp   |
|                  | 2016 CAP <b>Certificate of Qualification for Transport</b> (Card for the transport of Goods).   |
|                  | <b>Digital Tachograph Card.</b>   |
|                  | <b>Forklift</b> (prevention risks; use of electrical and diesel forklift).  |
|                  | <b>Fahrausweis für Gabelstapler</b> (Frontstapler 1500 kg; Neuss, März2018)   |